Author Guidelines

*Indian Journal of Cardiovascular Diseases in Women* publishes articles related to research in and the practice of cardiovascular diseases, including observational studies, clinical trials, epidemiology, health services and outcomes studies, and advances in applied (translational) and basic research, especially information related to female patients.

Manuscripts are examined by the initially by editorial staff for compatibility of the manuscript submission according to the IJCD guidelines. If not compatible then manuscript will we send back to the corresponding author for proper corrections to make and resubmit the manuscript. If that correction is not done within 30 days, Editorial board will take a decision to cancel the manuscript submission after giving information to the corresponding author. If corresponding author want to submit once again to this journal, he has to submit as a new manuscript and to mention in the covering letter about this event of previous submission. If manuscript is compatible according to the guidelines then usually evaluated by expert reviewers assigned by the editors. Editorial board reserves all rights for acceptance after the reviewer’s opinion. Provisional or final acceptance is based on originality, scientific content, and topical balance of the journal. Decisions are communicated by email, generally within six weeks. The editors will not discuss a decision about a manuscript over the phone. All rebuttals must be submitted in writing to the editorial office.

Manuscripts should be submitted online from [www.wincarsassociation.com/journal](http://www.wincarsassociation.com/journal).

No personal emails to submit the manuscripts.

Original Article, Case Report, Review Article, Images in Cardiology, Editorial, Letter to the Editor, New Drugs and Devices, Research Correspondence, Clinical diagnosis and Genetics articles are going to be published in print version.
Book Review, Clinico pathological conference, Clinical rounds and Interventional rounds are going to be published online only.

I. Types of ARTICLE

1. Original article:
   - Word limit 3500 words (excluding the abstract, tables, figure legends and references), with up to 6 tables/figures and up to 50 references.
   - Whole manuscript should be in 12 Front with 1.5 spacing and centering.
   - Organize article into Abstract (maximum 250 words), Introduction, Materials and Methods, Results, Discussion, References, Tables, Legends to Figures and Figures.
   - Acknowledgements should go include before references in the manuscript. Author details should not include in the main manuscript file.

2. Case Report:
   - The journal accepts exceptionally rare cases as case reports and all others, including unusual presentations of common diseases, rare complications etc.
   - Word limits 1500 words with up to 4 tables/figures and up to 20 references.
   - The report should be organized into Introduction, Case Report, Discussion, References, Tables, Legends to Figures and Figures.
   - NOT MORE THAN 4 AUTHORS.

3. Review Article:
   - Always invited by the Editor-in-Chief; authors interested in writing review articles should initially contact the Editor-in-Chief. Review Articles focus on recent scientific or advances.
• They must be brief and critical yet comprehensive and should be appropriately referenced.
• All Review Articles are rigorously peer reviewed before a final publication decision is made.
• Involvement of any person or research directly supported by the pharmaceutical industry is not acceptable in writing of Review Articles.
• Word limit 3500 words (excluding the abstract, tables, figure legends and references), with up to 8 tables/figures and up to 100 references.

4. Images in Cardiology (including ECG):

• This section is for unusual images that make an educational point. Since the aim of these articles is to stimulate the reader to think about the case, the title should be ambiguous and not give away the final diagnosis immediately.
• Images displaying a single clinical / pathological case or entity and conveying a message or learning point can be published as image in cardiology.
• Each image challenge will be presented in two parts.

The first part should contain a very brief clinical introduction to a case (maximum 200 words), followed by an image. In addition to cardiovascular imaging, other images, such as an ECG or histology, are appropriate.

The legend should not indicate the diagnosis but should simply describe the nature of the image.

The second part (maximum 200 words) will appear separately from the case and should contain the diagnosis of the image. This should include a brief description of the key diagnostic features of the image, the outcome, and a teaching point. Here author has to give differential
diagnosis for the imaging and rule out the other possibilities with explanation.

- The quality of the image must be at least 300dpi and in TIF or JPEG format.
- Word count: up to 500 words with up to 5 references
- Up to 4 microscopic images, clinical photographs, radiological images, graphical/visual instrument outputs etc. may be included in each article. Images should be accompanied by a brief unstructured write-up.

5. Book Reviews

- Standard Book Reviews should be no longer than 1500 words although depending on the book being reviewed they may be shorter or long, book reviewers should discuss the length of the review with the General Editor before writing.
- All book reviews should be prepared and submitted following the general Instructions to Authors of this journal.
- The following information should be given about the book being reviewed at the start of each review:
  - Author / Editor Name, Book Title, Publisher, Year of Publication, ISBN: 000-0-00-000000-0, Number of Pages, Price.

Book reviews should be timely and objective and should consider the following:

- The intended audience for the book and who would find it useful
- The main ideas and major objectives of the book and how effectively these are accomplished
- The soundness of methods and information sources used
- The context or impetus for the book - political controversy, review research or policy, etc.
• Constructive comments about the strength and weaknesses of the book

6. Editorial:

• Word limits 1000 words with up to 5 references.
• Invited by the Editor-in-Chief, these are brief commentaries on important original articles published in that issue of the journal. Occasionally, Editorials may address major developments or happenings in the field of cardiology.
• Figures and tables are usually not included in this article type.
• Front size, image quality and references should be as per the manuscript guidelines.

7. Letter to editor and/or Research Correspondence:

• Readers are encouraged to write about any topic that relates to cardiology: clinical, scientific, educational, social or economic and may include discussions on material previously printed in the Journal.
• Letters may include up to 1000 words, 2 figures/tables and 10 references.
• These should have no abstract and no sub-headings. Type double-spaced.
• If the letter contains original research findings a short description of methods, results and conclusions is required. Letters reporting data obtained from research conducted in human subjects must include a statement of assurance that (1) informed consent was obtained from each patient and (2) the study protocol conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution’s human research committee.
• Letters reporting experiments using animals must include a statement giving assurance that all animals received humane care and that study protocols comply with the institution's guidelines.

8. Clinical diagnosis:
• You can submit an interesting case like we see in out/in patient clinic.
• It should be in word format with description of clinical summary of patient (in 1000 words). The text should include description of imaging (ECG, X-ray ...etc.), 2D echo/angiogram details. Lastly you should reveal the diagnosis, explanation for the diagnosis and outcome of the patient should be mentioned.
• Front size, image quality and references should be as per the manuscript guidelines.

9. Clinico-pathological conference:
• Details of an interesting case along with the all investigations and possible discussion of imageologist (echocardiographer, radiologists etc...) should be submitted in word format (2007 and higher).
• Clinching investigative modality description with appropriate figures / slides or histo-pathological diagnosis by the pathologist along with the histo-pathological slides should be included.
• If this case is selected then you will be informed before sending to a discussant.
• Available on online only with DOI.

10. Interventional rounds:
This is only by invitation from the editorial board. Then guidelines along with the request letter will be sent.
• Always invited by the Editor-in-Chief; authors interested in writing interventional rounds should initially contact the Editor-in-Chief. Interventional rounds focus on recent scientific or advances.
• They must be brief and critical yet comprehensive and should be appropriately referenced.
• All Interventional rounds are rigorously peer reviewed before a final publication decision is made.
• Involvement of any person or research directly supported by the pharmaceutical industry is not acceptable in writing of Interventional rounds.
• No Word limit and no figures and tables limit and up to 100 references.
• Front size, image quality and references should be as per the manuscript guidelines.
• Available on online only with DOI.

11. Clinical rounds:
• Always invited by the Editor-in-Chief; authors interested in writing clinical rounds should initially contact the Editor-in-Chief. Clinical rounds focus on recent scientific or advances.
• All clinical rounds are rigorously peer reviewed before a final publication decision is made.
• No Word limit and no figures and tables limit and up to 100 references.
• As information is mostly from the text books references need not to be quoted in the text but guidelines to write the references should be followed as above.
• Front size and image quality should be as per the manuscript guidelines.
• Available on online only with DOI.

12. Genetics:
• Authors are encouraged to write about any topic that relates to case/series related to genetics in cardiology. This can include even autopsy series / cases describing the genetic abnormalities. This may include up to 3000 words, 5 figures/tables and 30 references.
• Front size, image quality and references should be as per the manuscript guidelines.

13. New drugs and Devices:
• Authors are encouraged to write about new drugs and devices those are related to cardiology.
• This may include up to 1000 words, 2 figures/tables and 10 references.
• These should have no abstract and no sub-headings. Type double-spaced.
• If the reporting data obtained from research conducted in human subjects must include a statement of assurance that (1) informed consent was obtained from each patient and (2) the study protocol conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution's human research committee.
• The article reporting experiments using animals must include a statement giving assurance that all animals received humane care and that study protocols comply with the institution's guidelines.

Title Page
The title page should include:
• The name(s) of the author(s)
• A concise and informative title
The affiliation(s) and address(es) of the author(s)

The e-mail address, telephone and fax numbers of the corresponding author.

II. Manuscript Submission

Submission of a manuscript implies: that the work described has not been published before; that it is not under consideration for publication anywhere else; that its publication has been approved by all co-authors, if any, as well as by the responsible authorities – tacitly or explicitly – at the institute where the work has been carried out.

The publisher will not be held legally responsible should there be any claims for compensation.

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Copyright on all accepted manuscripts will be held by IJCD. It is mandatory that the Copyright/Authorship Form is signed by all the authors, expressly transferring copyright to Indian journal of Cardiovascular diseases in women, in the event the manuscript is accepted for publication. This form must be submitted along with the manuscript on the Editorial Manager. The form can be downloaded from while online submission in the attachments section. Manuscripts without this form will not be considered for publication.
1. Abstract

Please provide a structured abstract of 150 to 250 words which should be divided into the following section

- Background and Aim
- Methods
- Results
- Conclusions
- Keywords

**Keywords:** Please provide 3 to 6 keywords which can be used for indexing purposes.

2. Text Formatting

Manuscripts should be submitted in **Word format** in English language incorporating tables and figures in appropriate position after numbering them. In addition you can submit figures and tables separately if you feel that the dpi of the figure is not proper in word format.

- Use a normal, plain font (e.g., 12-point Palantino Linotype) for text.
- Use the automatic page numbering function to number the pages.
- Do not use field functions.
- Use tab stops or other commands for indents, not the space bar.
- Use the table function, not spreadsheets, to make tables.
- Use the equation editor or Math Type for equations.
- Save your file in docx format (Word 2007 or higher).
Headings: Please use no more than three levels of displayed headings.

Abbreviations: Standard abbreviations prefer to use. Ensure consistency of abbreviations throughout the article.

Footnotes

Footnotes can be used to give additional information, which may include the citation of a reference included in the reference list. They should not consist solely of a reference citation, and they should never include the bibliographic details of a reference. They should also not contain any figures or tables.

Footnotes to the text are numbered consecutively; those to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data). Footnotes to the title or the authors of the article are not given reference symbols.

Always use footnotes instead of endnotes.

Acknowledgments

Acknowledgments of people, grants, funds, etc. should be placed in a separate section on the title page. The names of funding organizations should be written in full.

Scientific style

- Please always use internationally accepted signs and symbols for units (SI units).
- Genus and species names should be in italics.
- Generic names of drugs and pesticides are preferred; if trade names are used, the generic name should be given at first mention.

References

Citation

Reference citations in the text should be identified by numbers in square brackets. Some examples:
1. Negotiation research spans many disciplines [3].

3. This effect has been widely studied [1-3, 7].

**Reference list**

The list of references should only include works that are cited in the text and that have been published or accepted for publication. Personal communications and unpublished works should only be mentioned in the text. Do not use footnotes or endnotes as a substitute for a reference list.

The entries in the list should be numbered consecutively.

- Journal article
  
  <Author (s) name>. <Journal Name>. <citation details>.

- Article by DOI
  
  <Author (s) name>. <Journal Name>. <citation details>; doi: <doi details>.

- Book
  
  <Author name>. <book Name>. <publisher details details>; <year of published>.

- Book chapter
  
  <Author name>. <book Name>.<chapter Name> <publisher details details>; <year of published>. pp.<page no>

- Online document
  
  <Author name>. <document Name>.<document details> <publisher details details>; <year of published>.<online link>

  Always use the standard abbreviation of a journal’s name according to the ISSN List of Title Word Abbreviations, see

- ISSN.org LTWA

  If you are unsure, please use the full journal title.
For authors using EndNote, Springer provides an output style that supports the formatting of in-text citations and reference list.

- **EndNote style (zip, 3 kB)**

**Tables**

- All tables are to be numbered using Arabic/roman numerals.
- Tables should always be cited in text in consecutive numerical order.
- For each table, please supply a table caption (title) explaining the components of the table.
- Identify any previously published material by giving the original source in the form of a reference at the end of the table caption.
- Footnotes to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data) and included beneath the table body.

**Artwork**

For the best quality final product, it is highly recommended that you submit all of your artwork – photographs, line drawings, etc. – in an electronic format. Your art will then be produced to the highest standards with the greatest accuracy to detail. The published work will directly reflect the quality of the artwork provided.

**Electronic Figure Submission**

- Supply all figures electronically.
- Indicate what graphics program was used to create the artwork.
- For vector graphics, for halftones, please use TIFF/JPG format. MS Office files are also acceptable.
- Vector graphics containing fonts must have the fonts embedded in the files.
- Name your figure files with "Fig" and the figure number, e.g., Fig1.eps.
Line Art
- Definition: Black and white graphic with no shading.
- Do not use faint lines and/or lettering and check that all lines and lettering within the figures are legible at final size.
- All lines should be at least 0.1 mm (0.3 pt) wide.
- Scanned line drawings and line drawings in bitmap format should have a minimum resolution of 1200 dpi.
- Vector graphics containing fonts must have the fonts embedded in the files.

Halftone Art
- Definition: Photographs, drawings, or paintings with fine shading, etc.
- If any magnification is used in the photographs, indicate this by using scale bars within the figures themselves.
- Halftones should have a minimum resolution of 300 dpi.

Combination Art
- Definition: a combination of halftone and line art, e.g., halftones containing line drawing, extensive lettering, color diagrams, etc.
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Color Art
- Color art is free of charge for print and online publication.
- Color illustrations should be submitted as RGB.

Figure Lettering
- To add lettering, it is best to use Palantino Linotype 12 front.
- Keep lettering consistently sized throughout your final-sized artwork, usually about 2–3 mm (8–12 pt).
• Variance of type size within an illustration should be minimal, e.g., do not use 8-pt type on an axis and 20-pt type for the axis label.
• Avoid effects such as shading, outline letters, etc.
• Do not include titles or captions within your illustrations.

Figure Numbering
• All figures are to be numbered using Arabic numerals.
• Figures should always be cited in text in consecutive numerical order.
• Figure parts should be denoted by lowercase letters (a, b, c, etc.).
• If an appendix appears in your article and it contains one or more figures, continue the consecutive numbering of the main text. Do not number the appendix figures, "A1, A2, A3, etc." Figures in online appendices (Electronic Supplementary Material) should, however, be numbered separately.

Figure Captions
• Each figure should have a concise caption describing accurately what the figure depicts. Include the captions in the text file of the manuscript, not in the figure file.
• Figure captions begin with the term Fig. in bold type, followed by the figure number, also in bold type.
• No punctuation is to be included after the number, nor is any punctuation to be placed at the end of the caption.
• Identify all elements found in the figure in the figure caption; and use boxes, circles, etc., as coordinate points in graphs.
• Identify previously published material by giving the original source in the form of a reference citation at the end of the figure caption.
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In order to give people of all abilities and disabilities access to the content of your figures, please make sure that

- All figures have descriptive captions (blind users could then use a text-to-speech software or a text-to-Braille hardware)
- Patterns are used instead of or in addition to colors for conveying information (color-blind users would then be able to distinguish the visual elements)
- Any figure lettering has a contrast ratio of at least 4.5:1

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- A single study is not split up into several parts to increase the quantity of submissions and submitted to various journals or to one journal over time (e.g. “salami-publishing”).
- No data have been fabricated or manipulated (including images) to support your conclusions.
- No data, text, or theories by others are presented as if they were the author’s own (“plagiarism”). Proper acknowledgements to other works must be given (this includes material that is closely copied (near verbatim), summarized and/or paraphrased), quotation marks are used for verbatim copying of material, and permissions are secured for material that is copyrighted.
- Consent to submit has been received explicitly from all co-authors, as well as from the responsible authorities - tacitly or explicitly - at the institute/organization where the work has been carried out, before the work is submitted.
- Authors whose names appear on the submission have contributed sufficiently to the scientific work and therefore share collective responsibility and accountability for the results.

In addition:
- Changes of authorship or in the order of authors are not accepted after acceptance of a manuscript.
- Requesting to add or delete authors at revision stage, proof stage, or after publication is a serious matter and may be considered when justifiably warranted. Justification for changes in authorship must be compelling and
may be considered only after receipt of written approval from all authors and a convincing, detailed explanation about the role/deletion of the new/deleted author. In case of changes at revision stage, a letter must accompany the revised manuscript. In case of changes after acceptance or publication, the request and documentation must be sent via the Publisher to the Editor-in-Chief. In all cases, further documentation may be required to support your request. The decision on accepting the change rests with the Editor-in-Chief of the journal and may be turned down. Therefore authors are strongly advised to ensure the correct author group, corresponding author, and order of authors at submission.

• Upon request authors should be prepared to send relevant documentation or data in order to verify the validity of the results. This could be in the form of raw data, samples, records, etc.

If there is a suspicion of misconduct, the journal will carry out an investigation following the COPE guidelines. If, after investigation, the allegation seems to raise valid concerns, the accused author will be contacted and given an opportunity to address the issue. If misconduct has been established beyond reasonable doubt, this may result in the Editor-in-Chief’s implementation of the following measures, including, but not limited to:

• If the article is still under consideration, it may be rejected and returned to the author.

• If the article has already been published online, depending on the nature and severity of the infraction, either an erratum will be placed with the article or in severe cases complete retraction of the article will occur. The reason must be given in the published erratum or retraction note.

• The author’s institution may be informed.

Compliance with Ethical Standards
To ensure objectivity and transparency in research and to ensure that accepted principles of ethical and professional conduct have been followed, authors should include information regarding sources of funding, potential conflicts of interest (financial or non-financial), informed consent if the research involved human participants, and a statement on welfare of animals if the research involved animals.

Authors should include the following statements (if applicable) in a separate section entitled “Compliance with Ethical Standards” when submitting a paper:

- Disclosure of potential conflicts of interest
- Research involving Human Participants and/or Animals
- Informed consent

Please note that standards could vary slightly per journal dependent on their peer review policies (i.e. single or double blind peer review) as well as per journal subject discipline. Before submitting your article check the instructions following this section carefully.

The corresponding author should be prepared to collect documentation of compliance with ethical standards and send if requested during peer review or after publication.

The Editors reserve the right to reject manuscripts that do not comply with the above-mentioned guidelines. The author will be held responsible for false statements or failure to fulfill the above-mentioned guidelines.

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Authors must disclose all relationships or interests that could influence or bias the work. Although an author may not feel there are conflicts, disclosure of relationships and interests affords a more transparent process, leading to an accurate and objective assessment of the work. Awareness of real or perceived conflicts of interests is a perspective to which the readers are entitled and is not meant to imply that a financial relationship with an organization that sponsored the research or compensation for consultancy work is inappropriate. Examples of potential conflicts of interests **that are**
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- Financial support for attending symposia
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- Employment or consultation
- Support from a project sponsor
- Position on advisory board or board of directors or other type of management relationships
- Multiple affiliations
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The corresponding author will include a summary statement on the title page that is separate from their manuscript, that reflects what is recorded in the potential conflict of interest disclosure form(s).

See below examples of disclosures:

**Funding:** This study was funded by X (grant number X).

**Conflict of Interest:** Author A has received research grants from Company A. Author B has received a speaker honorarium from Company X and owns stock in Company Y. Author C is a member of committee Z.

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When reporting studies that involve human participants, authors should include a statement that the studies have been approved by the appropriate institutional and/or national research ethics committee and have been performed in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

If doubt exists whether the research was conducted in accordance with the 1964 Helsinki Declaration or comparable standards, the authors must explain the reasons for their approach, and demonstrate that the independent ethics committee or institutional review board explicitly approved the doubtful aspects of the study.

The following statements should be included in the text before the References section:

**Ethical approval:** “All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national
research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.”

For retrospective studies, please add the following sentence:

“For this type of study formal consent is not required.”

2) Statement on the welfare of animals

The welfare of animals used for research must be respected. When reporting experiments on animals, authors should indicate whether the international, national, and/or institutional guidelines for the care and use of animals have been followed, and that the studies have been approved by a research ethics committee at the institution or practice at which the studies were conducted (where such a committee exists).

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All individuals have individual rights that are not to be infringed. Individual participants in studies have, for example, the right to decide what happens to the (identifiable) personal data gathered, to what they have said during a study or an interview, as well as to any photograph that was taken. Hence it is important that all participants gave their informed consent in writing prior to inclusion in the study. Identifying details (names, dates of birth, identity numbers and other information) of the participants that were studied should not be published in written descriptions, photographs, and genetic profiles unless the information is essential for scientific purposes and the participant (or parent or guardian if the participant is incapable) gave written informed consent for publication. Complete anonymity is difficult to achieve in some cases, and informed consent should be obtained if there is any doubt. For example, masking the eye region in photographs of participants is inadequate protection of anonymity. If identifying characteristics are altered to protect anonymity, such as in genetic profiles, authors should provide assurance that alterations do not distort scientific meaning.

The following statement should be included:

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If identifying information about participants is available in the article, the following statement should be included:

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